

Radiogram 6010u

Form 24 for 06.27.03

**Progress RODNIK System Ops**

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:25	FE-1	Post-sleep
06:10–06:25	CDR	Biochemical urine test
06:25–06:40	FE-1	
06:25–06:40	CDR	Post-sleep
06:40–07:20		BREAKFAST
06:40–07:30	FE-1	
07:20–07:30	CDR	UROLUX h/w stowage
07:30–08:00		Prep for work
08:00–08:15		Daily planning conference ( <i>S-band</i> )
08:25–08:40	CDR	Prep for TV pass ( <b>T<sub>0</sub>=08:25, T<sub>1</sub>, T<sub>2</sub>, T<sub>3</sub> will be initiated by the СПП</b> )
08:40–08:50		PAO address: OAO Mechel
08:45–09:25	FE-1	Maintenance of COЖ
08:50–11:20	CDR	Urine transfer to Progress-259 (M1-10) RODNIK water tank
09:25–09:35	FE-1	TVIS bimonthly inspection
09:35–10:50		Physical exercise (TVIS)
10:50–11:20		Restart of all PCS computers (once a week)
11:20–11:50		New Generation Laptop (SSC): file indexing/data collection
11:20–12:20	CDR	Physical exercise (VELO + Load Trainer 1 / day 2)
11:50–12:00	FE-1	CWC audit
12:00–12:05		Microgravity Science Glovebox (MSG) activation
12:05–12:15		11A Struc & Mech procedure stowage
12:15–13:15		LUNCH
12:20–13:20	CDR	
13:15–13:45	FE-1	InSPACE ops
13:20–13:25	CDR	PLANTS-2: payload status check
13:25–15:55		Urine transfer to Progress-259 (M1-10) RODNIK water tank
13:55–14:05	FE-1	CSA-CP data collection
14:10–14:20		INSPASE experiment monitoring
14:20–14:40		C&W message table update
14:40–14:50		INSPASE experiment observations
15:00–15:10		Increment 7 daily payload status check
15:10–15:20		INSPASE experiment monitoring
15:20–15:35		Food questionnaire
15:35–15:45		INSPASE cassette changeout
15:45–16:05		InSPACE coil module 3 changeout
15:55–16:15	CDR	IMS file prep
16:05–16:10	FE-1	Microgravity Science Glovebox (MSG) powerdown
16:10–16:30		Transfer of TVIS/RED files to MEC

16:15–16:35	CDR	IMS tagup ( <i>S-band</i> )
16:30–16:50	FE-1	HRM file transfer to MEC
16:50–17:05		HRM file erase
16:50–18:20	CDR	Physical exercise (TVIS-2)
17:05–18:20	FE-1	Physical exercise (RED)
18:20–18:35		Daily planning conference ( <i>S-band</i> )
18:35–18:45		Daily plan review
18:45–19:10		FD/ISS crew conference ( <i>S-band</i> )
19:10–19:30		Daily plan review
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

**NOTE:** See OSTP for references to US activities.

TASK LIST: CDR: Laptop power supply replacement

End of radiogram